

SHEDULE OF EVENTS

Wednesday 27 th March 2019	Thursday 28 th March 2019	Friday 29 th March 2019	Saturday 30 th March 2019	Sunday 31 st March 2019
Session 1	Session 4	Session 7	Session 10	Session 13
<i>Warm Up: 08.00 Start: 09.00</i>	<i>Warm Up: 08.00 Start: 09.00</i>	<i>Warm Up: 08.00 Start: 09.00</i>	<i>Warm Up: 08.00 Start: 09.00</i>	<i>Warm Up: 08.00 Start: 09.00</i>
15, 16, 17/18 & 19 & over	15, 16, 17/18 & 19 & over	15, 16, 17/18 & 19 & over	15, 16, 17/18 & 19 & over	15, 16, 17/18 & 19 & over
Girls 200m Backstroke	Girls 200m Breaststroke	Boys 200m Backstroke	Girls 200m Individual Medley	Boys 200m Individual Medley
Boys 100m Backstroke	Boys 200m Butterfly	Girls 400m Freestyle	Boys 200m Freestyle	Girls 200m Freestyle
Girls 100m Freestyle	Girls 100m Backstroke	Boys 50m Freestyle	Girls 100m Butterfly	Boys 100m Freestyle
Boys 200m Breaststroke	Boys 50m Breaststroke	Girls 50m Freestyle	Boys 100m Butterfly	Girls 100m Breaststroke
Girls 50m Breaststroke	Girls 400m Individual Medley	Boys 100m Breaststroke	Girls 50 Backstroke	Boys 50m Backstroke
Boys 50m Butterfly	Boys 400m Freestyle	Girls 200m Butterfly	Boys 400m Individual Medley	Girls 50m Butterfly
Girls 1500m Freestyle HDW	Girls 14-16 4x100m Medley Relay HDW	Boys 1500m Freestyle HDW	Girls 800m Freestyle HDW	Boys 800m Freestyle HDW
Boys 17&over 4x200m Freestyle Relay HDW	Girls 17&over 4x100m Medley Relay HDW	Girls 17&over 4x100m Freestyle Relay HDW	Boys 17&over 4x100m Freestyle Relay HDW	Girls 17&over 4x200m Freestyle Relay HDW
Boys 14-16 4x200m Freestyle Relay HDW	Boys 14-16 4x100m Medley Relay HDW	Girls 14-16 4x100m Freestyle Relay HDW	Boys 14-16 4x100m Freestyle Relay HDW	Girls 14-16 4x200m Freestyle Relay HDW
	Boys 17&over 4x100m Medley Relay HDW			
Session 2	Session 5	Session 8	Session 11	Session 14
<i>Warm Up: 12.40 Start: 13.40</i>	<i>Warm Up: 12.40 Start: 13.40</i>	<i>Warm Up: 12.40 Start: 13.40</i>	<i>Warm Up: 12.40 Start: 13.40</i>	<i>Warm Up: 12.40 Start: 13.40</i>
11-13 & 14	11-13 & 14	11-13 & 14	11-13 & 14	11-13 & 14
Girls 200m Backstroke	Girls 200m Breaststroke	Boys 200m Backstroke	Girls 200m Individual Medley	Boys 200m Individual Medley
Boys 100m Backstroke	Boys 200m Butterfly	Girls 400m Freestyle HDW	Boys 200m Freestyle	Girls 200m Freestyle
Girls 100m Freestyle	Girls 100m Backstroke	Boys 50m Freestyle	Girls 100m Butterfly	Boys 100m Freestyle
Boys 200m Breaststroke	Boys 50m Breaststroke	Girls 50m Freestyle	Boys 100m Butterfly	Girls 100m Breaststroke
Girls 50m Breaststroke	Girls 400m Individual Medley HDW	Boys 100m Breaststroke	Girls 50 Backstroke	Boys 50m Backstroke
Boys 50m Butterfly	Boys 400m Freestyle HDW	Girls 200m Butterfly	Boys 400m Individual Medley HDW	Girls 50m Butterfly
Girls 1500m Freestyle HDW	Girls 11-13 4x100m Medley Relay HDW	Boys 1500m Freestyle HDW	Girls 800m Freestyle HDW	Boys 800m Freestyle HDW
Boys 11-13 4x100m Freestyle Relay HDW				Girls 11-13 4x100m Freestyle Relay HDW
				Boys 11-13 4x100m Medley Relay HDW
Session 3 – FINALS	Session 6 - FINALS	Session 9 – FINALS	Session 12 – FINALS	Session 15 - FINALS
<i>Warm Up: 16:25 Start: 17:15</i>	<i>Warm Up: 16:25 Start: 17:15</i>	<i>Warm Up: 16:25 Start: 17:15</i>	<i>Warm Up: 16:25 : Start: 17:15</i>	<i>Warm Up: 16:25 : Start: 17:15</i>
Girls 200m Backstroke	Girls 200m Breaststroke	Boys 200m Backstroke	Girls 200m Individual Medley	Boys 200m Individual Medley
Boys 100m Backstroke	Boys 200m Butterfly	Girls 400m Freestyle	Boys 200m Freestyle	Girls 200m Freestyle
Girls 100m Freestyle	Girls 100m Backstroke	Boys 50m Freestyle	Girls 100m Butterfly	Boys 100m Freestyle
Boys 200m Breaststroke	Boys 50m Breaststroke	Girls 50m Freestyle	Boys 100m Butterfly	Girls 100m Breaststroke
Girls 50m Breaststroke	Girls 400m Individual Medley	Boys 100m Breaststroke	Girls 50m Backstroke	Boys 50m Backstroke
Boys 50m Butterfly	Boys 400m Freestyle	Girls 200m Butterfly	Boys 400m Individual Medley	Girls 50m Butterfly
Mixed 14-16 4x100m Medley Relay HDW		Mixed 17&over 4x100m Medley Relay HDW	Mixed 11-13 4x100m Medley Relay HDW	
Finals will be swum from youngest to oldest age groups				