



INSURED/EXCLUDED ACTIVITIES

The Scottish Swimming civil liability insurance provides cover for club members for the following activities:-

- Training for competitive swimming
- Competitive swimming
- Learn to Swim
- Swimming development activities
- Social activities
- Fund-raising activities
- Administrative, teaching and coaching activities
- Recreational swimming

Excluded Sports include:

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| Abseiling | Archery |
| Boxing | Fencing |
| Flying & Gliding – and other forms of aerial activity | Judo |
| Martial Arts | Motor Racing |
| Mountaineering | Parachuting |
| Potholing | Horse Riding |
| Rock Climbing | Roller Hockey |
| Rugby Football | Sand Dune training |
| Shooting | Skating |
| Skiing and other winter sports | Sub – Aqua Water Skiing |
| Trampolining (on-line / virtual training) | Weight Lifting |
| Wrestling | |

Excluded Recreational Activities

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| Balloonning | Bungee |
| Jumping Para – Gliding | Cliff Diving |
| Survival and Assault Course activities | Paint Ball Games |

The personal accident policy provides cover for members under the age of 85 years of age (restricted cover for those aged between 70 and 85 years of age) providing they are participating in activity approved by the SASA.

This list is not exhaustive and if you intend on taking part in any activity which is outside the core activities covered then please call Scottish Swimming to check if the activity is covered under the policy.

- Note 1** The policy DOES NOT offer travel insurance, this must be separately arranged.
- Note 2** If any member of an affiliated club (who has been with the club for longer than 14 days and who attends the club on more than 2 occasions per annum) is not a member of Scottish Swimming then the insurance for the ENTIRE CLUB is void. This includes executive members, helpers, teachers and coaches.