

District Regional Programme LEAD COACH

ROLE DESCRIPTOR

PURPOSE

To lead and deliver the District Regional Programme for an identified area, enhancing the development of attending swimmers and coaches through a number of learning and educational experiences. In addition, it is expected that the Lead Coach will use his/her expertise, motivational and mentoring skills & knowledge to help swimmers and coaches identify a path towards the next level of the sport.

EXPECTATIONS

- Lead the team at all three District Regional Programme (DRP) days and the Orientation Day that precedes them. Dates for 2017-18 are as follows:
 - 26th August Orientation Day (Stirling)
 - 24th September Day 1 (all Districts)
 - November Day 2 (12th Nov – North District); (12th Nov – East District);
(19th Nov – Midland District); (19th Nov – West District)
 - 3rd December Day 3 (all Districts)
- Devise and deliver the content of the DRP to swimmers and coaches within the framework of the programme provided by Scottish Swimming.
- Be a positive and approachable member of the team on each day of the DRP
- Communicate information with the Assistant Coaches (ACs) under your guidance, acting as a mentor to them and encouraging them to mentor visiting club coaches
- Welcome the swimmers and coaches at the start of each day of the DRP, introduce the staff, outline the operating practice of each day and expectations of the swimmers and volunteer club coaches attending the DRP
- Conduct the wrap-up of each day, highlighting the positives of the day and to set the tone for the following DRP day
- Write and send the training sessions to Assistant Coaches and the National Coach as per the Timelines & Deadlines document
- Give feedback to the AC's and assist if necessary once in receipt of the pool sessions for Day 3 (ACs to write and send to lead coach 10 days before Day 3 of the DRP)
- In conjunction with the Team Manager and ACs, ensure the smooth running of each day and that all swimmers are catered for and challenged in all aspects of the DRP including pool sessions, land sessions and non-pool educational work, taking a lead role in any aspect where it is felt necessary
- Ensure that the *Growth Mindset Scoring Sheet* is accurately completed throughout each day. In consultation with the Assistant Coaches, identify swimmers who have demonstrated a high level of commitment and an appropriate mind-set in all the sessions in Days 1 & 2 and thus select those who will be invited to attend on Day 3. Lead & consult regarding swimmers to be nominated for Stroke Camps as per the 'Stroke Camp selections - Guidelines' document.
- Liaise with the National Coach regarding any technical feedback
- Complete the DRP Feedback form and relevant documentation at the conclusion of the DRP

Requirements

All Lead Coaches must;

- > be available for ALL three Days and the Orientation Day
- > have a current Enhanced Disclosure Scotland PVG Certificate
- > be a current member of Scottish Swimming
- > hold UKCC Level 2 swimming coaching qualification (or equivalent)