

Coaches Technical Panel Minutes

**Minutes of the CTP held 28 November 2018, 1030hrs – 1230hrs
Meeting Room 2, Royal Commonwealth Pool, Dalkeith Road, Edinburgh EH16 5BB**

Present

Duncan McKinnell (DMcK)	Chair
Alan Lynn (AL)	SS National Coach
Ian Wright (IW)	Coach Representative (West District)
Gregor McMillan (GMcM)	Coach Representative (North District)
Kostas Kalitsis (KK)	Coach Representative (East District)
Morag Mitchell (MM)	Coach Representative (Midland District)
Ross Douglas (RD)	Additional Coach Representative
Bruce Halloran (BrH)	Guest coach
Phil Potter (PP)	Guest coach
Gordon Glasgow (GG)	Guest coach
Shona McCallum (SMcC)	SS Executive Officer, Performance (minute taker)

Item

Action

1. Apologies

Apologies from Ally Whike (AW), Brad Hay (BH) and Chair, Phil Reid (PR).
Duncan McKinnell (DMcK) standing in as Chair welcomed everyone to the meeting both core group and additional guest coaches.

2. Notes from previous Meeting

Minutes agreed as a true and accurate record

3. Actions from previous meetings

10 May 2017

Item 3: AL advised that following discussion with NJ there was currently nothing further to update, confirming that when there was; NJ would present this to CTP.

31 January 2018

Item 5: DMcK advised that he had started this work which would be completed in time for next CTP meeting in February.

9 October 2018

Item 5: IW requested that AW circulate his findings from BS relating to the addition of mixed medley relays at British Championships

AW

All other items complete or ongoing as noted on running actions sheet.

4. 2019/20 National Programme Selection Policy

AL reported that the Considerations and Timelines document had previously been taken to AHPG where a clear steer had been given on the format and timeline. AL advised that a review of the strength and depth statistics had taken place with work to be done on average age, times and curves prior to circulation of the draft document before Short Course.

AW/AL

AL updated that there were no plans to make changes to the policy other than an update of the times; some minor changes to language and requested feedback from CTP on the previous year's policy along with their thoughts on the format of the document.

Consideration was given to the previous year's policy particularly in relation to the younger male age group and numbers therein. Discussion took place on the data, highlighting the need for more than one year's stats to allow for fluctuations in ability before any conclusions were drawn, along with other factors including; the age athletes drop out, the overall demographic data and the fit

between squads and rankings; concluding there was a need to review the data at an earlier stage in the process with a sub-group of AW/AL/IW/RD/GG/BrH to arrange to meet prior to next CTP to start reviewing the data in preparation for the 2020/21 Selection Policy. The subject of BS OADF was raised and whether there was a need to take this into account with a review of the implications to be added to the February CTP agenda.

AL

AL/
SMcC

The format of the policy in relation to other disciplines was discussed with DMcK advising that AHPG were looking for an overarching policy that would lend itself to the same development framework for all aquatics with separate sections for diving and swimming, including para and open water. CTP were in agreement with this, having one policy with separate sections for each discipline rather than separate policies.

5. **Competition Paper – USA Nationals 2019**

AL provided a verbal update with details on the USA Nationals taking place in Stanford, California from 31 July – 4 August 2019, where SS would look to provide an opportunity for those athletes with potential to make Olympics who might not be on BS World Championships team, similar to the opportunity provided in 2015. AL commented that it would be a small team with one coach and himself, who would also take on the role of TM, with selections taking place following the British Championships in April 2019. AL requested feedback from CTP on the considerations for selection, particularly around athletes selected for World or World Junior Championships and the use of FINA points, with the proviso that the swimmers qualified for the meet entry standard.

Firstly, discussion took place on the use of FINA points and whether there was a requirement for this or whether the selections should be more subjective based upon performances with agreement that FINA points did not serve a valued purpose for this particular scenario. The exclusion of athletes selected for World Championships was agreed with discussion taking place on the exclusion of those selected for World Junior Championships with both viewpoints being considered looking at the potential amount of travel, coach decision-making and Optimal Athlete Development Framework (OADF) guidelines, following which the consensus was to not exclude the athletes selected for World Junior Championships, making for a coach/swimmer decision should they also be selected for the USA Nationals opportunity. AL agreed to produce a final policy for circulation by the next meeting.

AL

6. **AIMS Survey Feedback**

AL commented on the initial use of AIMS by SS for goal setting and profiling by Institute supported athletes in preparation for their review meetings during September and looked to receive thoughts from coaches on the process and if there were any areas for improvement.

Duplication of the survey from both BS and SS was highlighted with confirmation that this would be eliminated for next year, noting that SS were not using the survey as part of the selection process but to review process goals and establish plans for supporting athlete performance outcomes. The possibility of rolling the AIMS survey out to athletes in non-institute supported squads was raised, which would provide continuous data on athletes as they progress through the squads resulting in a better overall picture and improvement to the review process. The use of the existing goal-setting process for YDS could then be considered for those athletes in DRP. It was agreed that AL and AW would consider the addition of YDS to AIMS next season.

AL/AW

7. **Performance Centre Group update**

AL advised that AW was looking to include this as a standing item on the CTP agenda to pass on any relevant information, updating that the group consisted of 2 coaches from each of the 4 centres plus AL and AW highlighting that both IW and GMcM were part of the group along with CTP.

AL reported on the recent meeting where discussion on events, progressions, standards, statistics, trends, benchmarks had taken place. AL confirmed that Patrick Miley had compiled some stats on the North District which AL would discuss with him. Discussion also took place on recruitment of athletes to the programmes, Institute provision for non-scots within the centres and Bird tables, enabling local level discussions with GMcM having already held one in North District.

PM/AL

AL updated that the next meeting, taking place during Short Course, would look to discuss planning for 2022 and Project Ailsa/Project Craig with a focus on gender performance trend analysis.

CTP requested the possibility of sharing the notes from the meetings with IW and GMcM having no objection, AL to take to AW to discuss with the possibility or provide a summary page for CTP.

AL/AW

8. **Calendar Planning**

AL noted that an updated version of the calendar would be issued prior to Short Course highlighting that the BS Championships (Olympic Trials) would take place from 14 – 19 April 2020 with the venue yet to be decided, adding that he would advise as soon as he was made aware.

AL

AL commented that debate was taking place on moving the Short Course Championships in 2019 back a week to avoid a clash with the European Short Course which would then result in a clash

with Swim England Short Course and requested CTP feedback. CTP were in agreement that they should be moved back to the same weekend as Swim England avoiding the clash with the Europeans, adding that the later weekend was in general preferable as it avoided exams. AL to take back to Swim Committee/Events team.

AL

AL presented a couple of options for event scheduling at Scottish Summer Meet with stats based upon previous years provided. Both options were discussed with arguments put forward for both along with alternatives resulting in a poll being taken with the consensus being to go with option 1 with the proviso of reviewing the first session events. AL to take to Swim Committee.

AL

9. Coach Development

AL updated that the topic of mental health would be the focus at the next PLE4 workshop and that a doodle poll would be issued to those involved to arrange a date.

AL

AL commented on the Nxt Gen Conference held recently in Manchester and invited those who had attended to share their views on the event. Following discussion the shared view was that the non-swimming sessions had been beneficial, informative and thought provoking whilst the swimming/technical sessions had not been that inspiring. AL advised that plans were to hold the event every 2 years, noting the possibility of the swimming element being based on feedback from Olympics asking that any further suggestions/feedback be forwarded to him.

AL

AL advised that a Coach Workshop would be held during Short Course with Neil Shanks, Senior Physical Preparation Coach, sportscotland Institute of Sport and Kathryn Johnston, ex-swimmer, presenting.

AL reported that Wayne Goldsmith is planning a trip to the UK and with other sports having made arrangements with him, SS would look to pursue any opportunities.

AL/AW

10. British Swimming update

Following on from recent PIG meeting AL advised that the papers on event depth analysis would be circulated for discussion at the next meeting.

AL/AW

AL reported that the subject of 2020 Scottish National Championships having morning finals and evening heats had been raised and whether or not SS would be open to this to assist in preparation plans for the Olympic team.

AL highlighted that BS were likely to be moving towards separating the filming/analysis of events, similar to what SS did at Commonwealth Games, with sports scientists only doing the analysis and a commercial company doing the filming of all lanes in all events.

AL updated on the modifications to the entry for 2019 BS Championships with senior times, junior times and transition times for those 2 years out of junior category.

The European Short Course was highlighted as an opportunity for coach development, with the potential for a Coaching Conference and clarity sought on whether something was being organised by LEN. AL look to take forward and bring back to future CTP meeting.

AL

11. AOB:

None

- 12. Date of next meeting:** 6 February 2019 1030 – 1230hrs
Room B11, Airthrey Castle, Hermitage Road,
University of Stirling, Stirling FK9 4LH