



**Scottish
Swimming**

**Learn to Swim - Club Transition
Good Practice Guide**

November 2018

Learn to Swim-Club Transition

This good practice guide has been developed to support the delivery of quality environments through the Scottish Swimming National Framework for Aquatics in Scotland. It supports the guiding principle within the pathways key component section of both the Learn to Swim and Club Framework:







- *Create and maintain a culture of cooperation between clubs and Learn to Swim providers to effectively manage Learn to Swim – club transition.*



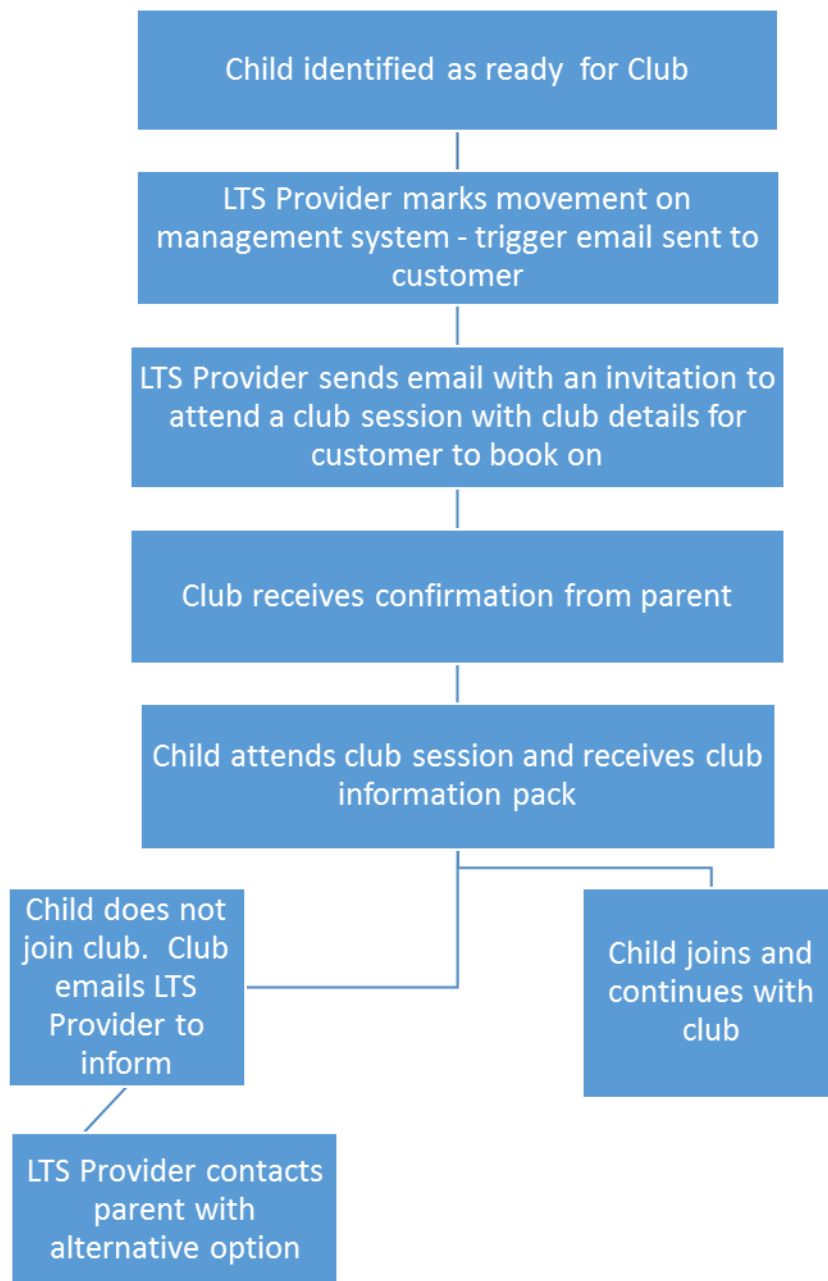
The Learn to Swim-Club Transition Good Practice Guide has 2 sections:

- Section 1: LTS-Club Transition Template Question Set to establish current process, desired process and agree roles and responsibilities.
- Section 2: Template Process Flow from LTS-Clubs to agree process from LTS to Clubs
- Example Process Flow (Glasgow Sport-COGST)
 - Example Less Formalised Process (North Lanarkshire Leisure)
 - Template Disability/Para Pathway & Example Local Pathway (East Lothian)

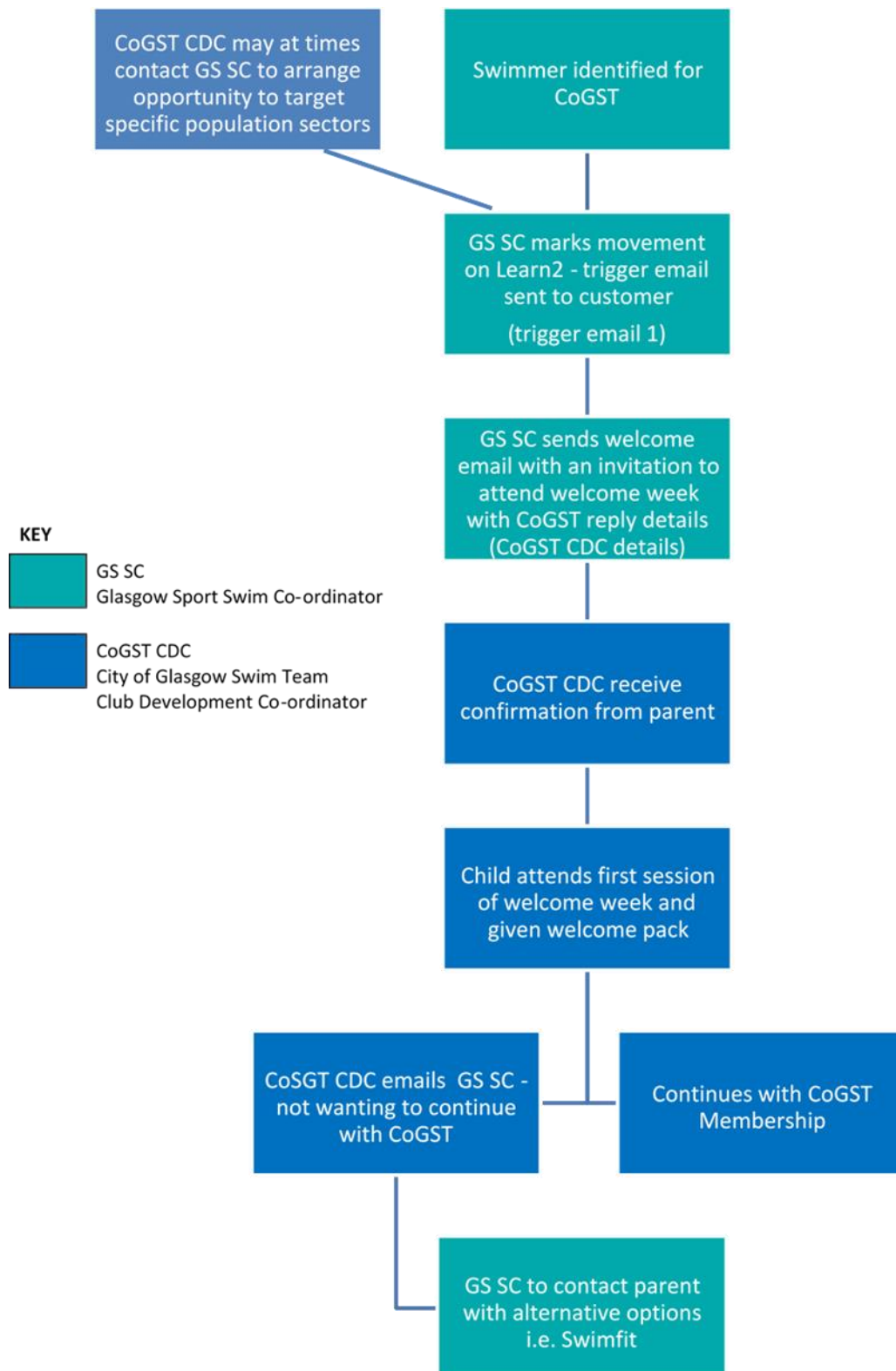
Section 1: LTS-Club Transition Template Question Set

What pathway is currently delivered (levels/entry/exit)?	
LTS Provider	Club/s
	
What is the current process for transitioning from LTS-Clubs?	
LTS Provider	Club/s
	
Who is responsible for managing/communicating the above process?	
LTS Provider	Club/s
	
What communication happens when a child reaches the appropriate level for transition?	
LTS Provider	Club/s
	
How are swimmers tracked to show retention and success of transition process?	
LTS Provider	Club/s
	
How effective is the current transition process?	
LTS Provider	Club/s
	
What would improve the transition process?	
LTS Provider	Club/s

Section 2: Template Process Flow from LTS-Clubs & Example Process



Section 2: Good Practice Example Glasgow Sport Learn to Swim Lessons – Transition to City of Glasgow Swim Team



Section 2: Less Formalised Process – North Lanarkshire Leisure

North Lanarkshire Leisure has adopted a swimmer friendly method of transitioning swimmers from Learn to Swim to Clubs when they have completed the Club Ready stage of the Scottish Swimming Learn to Swim Framework as follows.

1. The Club Head Coach or another Club Coach (eg entry level of the Club) visits the Teacher of Club Ready at local facility during a Club Ready swimming lesson and together they identify and agree swimmers that should be recommended to join the Club.

This is carried out at 10-week intervals coinciding with the end of each completed scheme of work in the Learn to Swim.

2. The Head Teacher at each pool is also expected to visit Club sessions whilst those who have recently transitioned are swimming.

This takes place approximately once per month.

These are not sequential steps; the two exchanges complement each other in an effort to ensure a constant flow of swimmers (including swimmers with disabilities) from Learn to Swim to Clubs by –

1. Maintaining regular communication between the Learn to Swim Scheme staff and the Club staff.
2. Using that communication to reinforce understanding of the qualities and characteristics that make a swimmer suitable to join a Club in addition to their swimming ability and experience.
3. Allowing swimmers in Learn to Swim to see Club coaches by the poolside so that transition seems more natural.

Section 2: Example Local Disability/Para Pathway (East Lothian)

