

Coaches Technical Panel Minutes

**Minutes of the CTP held 8 January 2020, 1030hrs – 1230hrs
Room B11, Airthrey Castle, University of Stirling, Hermitage Road, Stirling FK9 4LH**

Present

Phil Reid (PR)	Chair
Alan Lynn (AL)	SS National Coach
Kostas Kalitsis (KK)	Coach Representative (East District)
Ian Wright (IW)	Coach Representative (West District)
Gregor McMillan (GMcM)	Coach Representative (North District)
Brad Hay (BH)	Additional Coach Representative
Ross Douglas (RD)	Additional Coach Representative
Brian Dalglish (BD)	Guest Coach
Samir Ahmed Fernandez (SAF)	Guest Coach
David Haig (DH)	Guest Coach
Lewis Smith (LS)	Guest Coach
Andrew Addison (AA)	Guest Coach
Duncan McKinnell (DMcK)	Guest Speaker
Shona McCallum (SMcC)	SS Executive Officer, Performance (minute taker)

Item

Action

- 1. Apologies**
PR welcomed everyone to meeting wishing the best for 2020 and thanking the guests for their time, noting apologies from Ally White (AW), SS Performance Director, Morag Mitchell (MM), Coach Representative (Midland District)
- 2. Notes from previous Meeting**
Minutes agreed as a true and accurate record.
- 3. Actions from previous meetings**
28 June 2019
Item 4 : on Agenda

6 November 2019
Item 4: AL to chase NJ

All other items ongoing or complete as noted on Actions document.
- 4. Changes to Regulations & Coaching Awards**
CTP Regulations
DMcK highlighted that the document contained no mention of the Chair and questioned whether should be included or set outside of the document. Aside of the above and an amendment to the wording in 1.3e, the rest of the document was agreed.

Coaching Awards
AL advised that this was a new document and proposal to have a coaching award from SS with feedback being sought from CTP. Discussion took place on the document with several questions raised on who the award was for (coaches of all aquatics disciplines – if so, how would this be measured), the type of coach (developing coach or coach of developing athletes), the existing BSCA award and presentation of this. In addition, comments were made on some of the wording with amendments highlighted.
PR commented that with initial discussion as above it may be appropriate to have the item on the Agenda at the next meeting to allow coaches to gather their thoughts prior to further

discussion, whilst considering the principle of having a development coach award. PR requested any views to be submitted to SMcC by Monday 17 February.

ALL

5. Top 16 Analysis – Duncan McKinnell

DMcK presented stats for both males and females, noting how hard it was to get into top 16 and even harder to stay there. DMcK provided stats across all individual Olympic events looking at length of time and average age of athletes within top 16, illustrated with graphs showing year on year data and noting the age increase towards the end of Olympic cycle, with retirements thereafter resulting in a decrease in average age. The number of new entrants into top 16 and their respective age was also reviewed with a swimmers pathway generally progressive to reach top 16. PR thanked DMcK on behalf of CTP commenting on the huge amount of work.

AL asked CTP for their thoughts on this and relevance to the way SS operate. Discussion sparked by the stats covered a range of topics/ideas including; age and gender balance of swimmers in SS squads; retention of female swimmers in sport involving the need for Coaches to understand and be more aware of when females are likely to leave, and challenge to encourage them to remain in sport; using data to inform and support what is required between ages of 14-17yrs; external factors (not just females) preventing athletes from remaining in sport; levels of support provided and whether too much or too little and at appropriate timing; types of support from general Education through to specific rewards; relevance of age; focus on winning medals; collective resource and whether used in most effective/efficient manner; selections for squads and competitions; collaborative approach involving clubs, coaches, support staff and outcomes for swimmers.

Given the lengthy and engaging discussion, PR highlighted that with CTP being a 2hour meeting there was not enough time for some topics to be given full consideration and suggested that over the next few months, CTP select a topic for in-depth discussion and hold a few one-item agenda meetings as SS move strategically into next corporate plan. AL felt this was a good idea and put forward a few suggestions for topics, adding the possibility for extending the group of coaches beyond CTP. Dates and topics to be agreed and additional coaches considered for invite.

AL

6. Short Course Championships

AL asked for CTP feedback on the recent Championships.

Comment was given on the change to the schedule to include new 800m/1500m Free events, questioning whether this should have been done, with consensus that the meet runs better without them. Discussion followed on a couple of aspects surrounding the event including times, depth and timing within calendar, with AL to take feedback to Swim Committee.

AL

7. Commonwealth Games

AL updated that a meeting was taking place the following week for CGF and Birmingham organisers to discuss event scheduling but at this stage there was nothing further to add from SS perspective.

8. Calendar Planning

AL advised a couple of amendments, highlighting that for the first time stroke camps would be held at ASV. With more pool space this would provide an opportunity for some swimmers attending SNAGs to be "top-up" selections with invitations to attend stroke camps. In addition, AL reported that there were plans to hold a small focussed distance camp in Aberdeen following on from SNAGs for those at the appropriate standard and not involved in Olympic Trials. AL to update as progress is made.

9. Coach Development

AL reported that this was ongoing and currently progressing with a coach developer attending the Geneva meet the following week and plans in place to do the same at the McCullagh meet in February, providing support for coaches in both completion and training experiences. A fuller document on the long-term plans for coach development is being written and CTP will be consulted for feedback in due course.

10. Updates

S.N.O.G

Performance Centres

British Swimming

SNOG

IW requested guidance from CTP on what topics SNOG could be working on that would be helpful for coaches to improve on their job, with PR commenting that this could be a topic for future coach discussion with any suggestions to be submitted to IW.

ALL

Discussion took place on the topics currently being worked on and the need to consider the key questions, that if answered would make a difference, with dissemination of the information key to any resulting change in behaviour.

AL updated that the Aberdeen camera system was now in place.

Performance Centres

AL advised as there had been no meeting of the Performance Centre coaches since last CTP, there was no update

British Swimming

AL commented on the recently reformed PIG with the larger group meeting held on Monday where the submission for UK Sport funding was discussed and well underway, advising that AW would attend the next meeting as part of the core group.

AL noted that GBR1 was being held at the end of February in Nottingham.

PR added that the key point for UK Sport submission was end of February.

11. AOB

nothing

12. Date of next meeting:

4 March 2020, 1030hrs – 1230hrs
NGB2, Emirates Stadium,
1000 London Road, Glasgow G40 3HG