

Coaches Technical Panel Minutes

Minutes of the CTP held 3 June 2020, 1100hrs – 1300hrs

Zoom meeting - <https://us02web.zoom.us/j/81944420991?pwd=UGpOMVBzV1N3TzZBMHItMk9oRVBKZz09>

Meeting ID: 819 4442 0991

Password: 995642

Present

Phil Reid (PR)	Chair
Alan Lynn (AL)	SS National Coach
Ally Whike (AW)	SS Performance Director
Kostas Kalitsis (KK)	Coach Representative (East District)
Gregor McMillan (GMcM)	Coach Representative (North District)
Ian Wright (IW)	Coach Representative (West District)
Morag Mitchell (MM)	Coach Representative (Midland District)
Ross Douglas (RD)	Additional Coach Representative
Brian Dalglish (BD)	Guest Coach
Samir Ahmed Fernandez (SAF)	Guest Coach
Lewis Smith (LS)	Guest Coach
Robyn Methven (RM)	Guest Coach
Lorna Whike (LW)	Guest Coach
David Haig (DH)	Guest Coach
Michal Adamek (MA)	Guest Coach
Bruce Halloran (BHn)	Guest Coach
Sarah Burkinshaw (SB)	Guest Coach
Shona McCallum (SMcC)	SS Executive Officer, Performance (minute taker)

Item

Action

- 1. Apologies**
Brad Hay (BH), Additional Coach Representative
- 2. Notes from previous Meeting**
Minutes agreed as a true and accurate record.
- 3. Actions from previous meetings**

6 November 2019
Item 4: PR advised of NJ return to work with AL to pursue.

8 January 2020
Item 10: IW updated he had received a few questions which were currently being addressed and was happy to receive any further suggestions on an ongoing basis.

4 March 2020
Item 5: To be addressed under item 6 on agenda
Item 9b: AW updated that given the current Coronavirus situation, SS Board had decided to put a hold on both Corporate and Performance plans and would be re-activated at a later date.

All other items ongoing or complete as noted on Actions document.
- 4. Swim Committee Follow-up**
AW advised that Swim Committee had requested CTP view on Coach Guidance for swimmers moving programme/club and awarding of medals to Scottish athletes at Scottish Open Championships.

AW referred to the existing document on guidance for coaches relating to the movement of swimmers, noting that it was first published some time ago. AW reviewed the document with CTP, querying whether the process as laid out was still relevant, both fundamentally and practically. Discussion followed with agreement that the document was broadly correct, although a few scenarios were highlighted where the document may not be relevant, whilst noting that the documented situations pertained more to clubs with a Head Coach where coach/swimmer relationships existed. Comment was made on the need to ensure that the principles aligned sufficiently with those contained in the Performance Centres Recruitment and Process document, along with ensuring that where necessary, the document provided a level of formality within the guidance. PR suggested that CTP take time to reflect on the document and provide any further feedback to AW by 8 June, with a revised document brought to the next CTP meeting.

AI
AW

AW commented on the existing allocation of medals at Open Championships, with medals given to the top 3 and 1 medal given to the top Scot, reporting that feedback had been received with a view to changing this to the top 3 Scots receiving medals and 1 medal to the open winner. AW requested the view of CTP, highlighting that existing governance did not permit the proposed change and would therefore require to be altered. After some discussion where the increase of number of teams from abroad competing, the name of the championships and the need to recognise Scottish swimmers were considered, CTP were of the consensus that the allocation of medals should be altered with IW to write a proposal.

IW

AW gave his apologies and left the meeting.

5. **Competition Review**

AL updated on the Competition Review Group (CRG) providing background on the work being undertaken looking at the various stages of back to the water (return to pool, return to training, return to competition) and presented on the document, noting the colour coding and highlighting the development stages. AL requested feedback with the next scheduled meeting of the CRG taking place the following day.

Following discussion including the importance of maintaining an element of fun to ensure the engagement of swimmers and clubs, comments on clubs where finances can be reliant upon competitions and the need for clubs to consider alternative business models, the uncertainties of timelines, government guidance and its implications for coaching with consideration to inserting an additional column to the document to address this, along with the need to be sensible and adhere to any guidelines as set out by government, CTP commended the work of the CRG in addressing the needs of the whole sport. AL thanked CTP for the feedback and welcomed any further feedback to any of the members of CRG.

6. **CTP Regulations**

AL advised that previous feedback had been incorporated to the document with some grammatical amendments to be made and requested if any other feedback. The inclusion of a caveat for on-line meetings was raised with discussion taking place on preference, highlighting both pros and cons, reaching agreement for a blended approach to be added to the regulations. AL to take forward.

AL

The subject of Coaching Awards was raised with reference to an appropriate title for the award for developing coaches that was succinct and described what the award was for. Discussion followed on the wording of the document in general, noting that it did not reflect previous discussion, with concern for its inclusion in Governance. CTP considered that the core CTP were best placed to nominate coaches for awards, removing the need for a further panel, with wording altered to reflect this. The Coach of the Year award was agreed with consideration given to the developing coach award and suggestion for further coach awards covering each domain of the coaching pathway. AL acknowledged that the topic needed revisited with Editorial Board input and reviewed prior to SASA AGM. AL to take feedback to AW to action and circulate electronically.

AL/AW

AL/AW

7. **Commonwealth Games**

• **Selection Policy Feedback**

AL reported that the Selection Policy had yet to be written with CGS to provide clarification around some of the detail, noting the previously circulated indicative times and requesting CTP thoughts on the level being pitched at.

Discussion took place on the delicate balancing act of setting times that were both aspirational to swimmers yet progressive in nature for the sport. The need for more in depth analysis of the stats was agreed with SAR sharing some details of work he had been doing in this regard. Consideration was given to whether a swimmer is driven by times or by being on the Team, along

with that of the Team size and its potential impact on the level times could be set at, acknowledging that the size of the team is determined by CGF/CGS.

AL confirmed that the work carried out by SAR and that of a similar exercise done by Lynn Alderton would be collected and brought to a wider CTP meeting where decisions would be made. AL commented on the possibility of amending principles to allow for preselection, given the number of championships now taking place in 2021 and that the process for nominating athletes to CGS was likely to be similar to that of previous Games.

8. **Coach Development**

AL commented there were no further updates from the presentations that took place at Friday's coach meeting where CTP were in attendance.

AL provided stats on the numbers attending the various webinar presentations.

AL advised on the current consultation in progress relating to the Coaching Framework, which aims to drive work in coach development over next 8 years, with a paper being brought to next CTP meeting.

AL will add slides for sharing when minutes issued.

AL

9. **Updates**

S.N.O.G

Performance Centres

British Swimming

Calendar Planning

- Return to water

SNOG

IW encouraged all those within the sport to raise their questions with the group to enable the practitioners to work on relevant coaching concerns. IW reported that the group are currently working on guidelines for returning to training in the pool environment, including length of sessions, managing volume, nutrition, avoidance of injuries and would be happy to take any feedback on specific areas coaches would like covered.

Performance Centres

AL updated AW working with the various centres around returning to pool.

British Swimming

AL confirmed that both Bath and Loughborough Centres had returned to the pool with limited numbers based on the list issued from BS, adding awareness that not everyone in the pool at Loughborough were on the list, stressing the importance for everyone to comply with the rules.

Calendar Planning

AL advised that a route map for return to water was likely to be circulated by the end of the week.

10. **AOB**

None.

PR thanked everyone for their attendance.

11. **Date of next meeting:** TBC for 2020/21 season