

# SCOTTISH DISABILITY SPORT

## 2007 TIME BANDS AND INFORMATION ON OPEN EVENTS

### 1. Free Style Front, Free Style Back, Adapted Breast Stroke – PD/Sensory swimmers

#### Free Style Front, Free Style Back, - L.D. swimmers

Time bands are as follows:

#### 25 metres Pool

<u>Class</u>	<u>Distance</u>	<u>From</u>	<u>To</u>
1	50 metres	Up to	49.99 secs
2	50 metres	50.00	56.99 secs
3	50 metres	57.00	66.99 secs
4	50 metres	67.00	78.00 secs
5	25 metres	28.00	32.99 secs
6	25 metres	33.00	37.99 secs
7	25 metres	38.00	43.99 secs
8	25 metres	44.00	50.99 secs
9	25 metres	51.00	57.99 secs
10	25 metres	58.00	and up

Swimmers may not be entered in more than one Class for each stroke

### 2. 75 Metres Individual Medley – P.D. and Blind swimmers only

<u>Class</u>	<u>From</u>	<u>To</u>
1	Up to	1.29.99
2	1.30.00	1.44.99
3	1.45.00	1.59.99
4	2.00.00	3.00.00

### 3. Breast Stroke – L.D. swimmers only

<u>Class</u>	<u>Distance</u>	<u>From</u>	<u>To</u>
1	50 metres	Up to	56.99 secs
2	50 metres	57.00	66.99 secs
3	50 metres	67.00	78.00 secs
4	25 metres	28.00	32.99 secs
5	25 metres	33.00	37.99 secs

### 4. Butterfly - P.D. / Blind and L.D. swimmers

<u>Class</u>	<u>Distance</u>	From	<u>To</u>
1	50 metres	Up to	44.99 secs
2	50 metres	45.00	57.00 secs
3	25 metres	28.00	32.99 secs
4	25 metres	33.00	44.00 secs

cont/d...

**5. 100 metres Individual Medley – Open P.D./ Blind and L.D. swimmers**

- available only to swimmers who record a time of less than 28 seconds for 25 metres Butterfly.
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**6. 100 metres Free Style Open – P.D./ Blind and L.D. swimmers**

- all swimmers who record a time of less than 42 seconds for 50 metres free style must enter this free style event only.
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**7. 50 metres Free Style Front, 50 metres Free Style Back and 50 metres Breast Stroke – OPEN**

- available to swimmers whose only impairment is deafness. These events will be included in the National Gala for physically disabled and sensory impaired swimmers.