

SCOTTISH *swimming*

everyone can swim!



UKCC & CPD Course Prospectus Regional Training Week - 19th – 27th April 2014

Date	Time	Course Title	Venue	Availability	
Sat 19 th Apr	0900-1200	S&C For Swimmers	ASV	Spaces Remaining	
	1300-1600	Injury Prevention	ASV	Spaces Remaining	
	1630-1930	Alan Lynn Workshop	ASV	Spaces Remaining	
Sun 20 th Apr	0900-1200	Developing Frontcrawl	Aquatics Centre	Spaces Remaining	
	0900-1200	Periodisation & Planning	ASV	Spaces Remaining	
	1100-1400	Developing Butterfly	Aquatics Centre	Spaces Remaining	
	1300-1600	Developing Backcrawl	Aquatics Centre	Spaces Remaining	
	1300-1600	Performance Analysis	ASV	Spaces Remaining	
	1700-2000	Assessing Children	Aquatics Centre	Spaces Remaining	
	1700-2000	Perf. Starts & Turns	Aquatics Centre	Spaces Remaining	
	1700-2000	Developing Breastroke	Aquatics Centre	Spaces Remaining	
	Mon 21 st Apr	1800-2100	Flip N Fun	Aquatics Centre	Spaces Remaining
		1800-2100	Safeguarding & PC	ASV	Course Full
	Tue 22 nd Apr	1800-2100	Minipolo	Aquatics Centre	Spaces Remaining
1800-2100		Meet Manager	ASV	Spaces Remaining	
Wed 23 rd Apr	0900-1200	Developing water conf.	Aquatics Centre	Spaces Remaining	
	1800-2100	FINA & Contemp. Issues	Aquatics Centre	Spaces Remaining	
	1800-2100	In Safe Hands	ASV	Course Full	
Thu 24 th Apr	0900-1200	Teaching Adults	Aquatics Centre	Spaces Remaining	
	1800-2100	Intro. to Starts & Turns	Aquatics Centre	Spaces Remaining	
	1800-2100	Team Manager 1	ASV	Course Full	
Fri 25 th Apr	0900-1200	Intro. to Starts & Turns	Aquatics Centre	Course Full	
	1800-2200	Team Manager 2	ASV	Course Full	
Sat 26 th Apr	0900-1200	Flip N Fun	Aquatics Centre	Spaces Remaining	
	0900-1200	Sports Psychology	ASV	Course Full	
	1300-1600	Developing Front Crawl	Aquatics Centre	Course Full	
	1300-1600	Sports Nutrition	ASV	Spaces Remaining	
	1700-2000	Developing Backcrawl	Aquatics Centre	Course Full	
	1700-2000	Teaching Adults	Aquatics Centre	Spaces Remaining	
Sun 27 th Apr	0900-1200	Developing Breastroke	Aquatics Centre	Spaces Remaining	
	1300-1600	Developing Butterfly	Aquatics Centre	Spaces Remaining	
	1700-2000	Intro. to Starts & Turns	Aquatics Centre	Spaces Remaining	

Target Audiences (Use as a rough Guide although anyone can attend any of the above):

	Performance & Development Coaches		Aquatics Teachers and Development Coaches		Aquatics Teachers		Club Officers and Volunteers
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General Notes:

1. Candidates can do up to 3 CPDs per day. However a maximum 2 CPDs per day will attract CPD points. (Max 6 points per day).
2. Costings for Courses will be £25.00 for 1 CPD, or £40.00 for 2. This discount applies to individual bookings only and cannot be used for two people.
3. CPD Course venues and times may alter slightly due to venue constraints.
4. CPD Target Audiences is a rough guide. It is a guide based on course content. However anyone can do any of the courses above.

Booking Notes:

1. CPD Candidate registration forms should be returned by the deadline **Thursday 17th April**
2. All details for Booking and payment for courses can be found on the Booking Form notes.
3. All applicants for CPD courses will receive a confirmation email

Any Questions regarding any of the above courses or information should be directed to:

Sean Dawson, Grampian Regional Swimming Development Manager

- By email: s.dawson@scottishswimming.com

- By phone: 07791489173